

# Fill My Cup, Lord!



[www.FellowshipOfTheMartyrs.com](http://www.FellowshipOfTheMartyrs.com)

# We are all **THREE** parts

(I Thes. 5:23)

- **Body**

How well is the church feeding our Bodies?  
Do we not have enough fellowship suppers?

- **Soul**

Surely, our specialty is feeding their brain and their Souls. Conferences, books, DVDs, sermons, and commentaries on everything. Big brains abound.

- **Spirit**

Are we not poor in SPIRIT? Isn't that why they are leaving the "church" at about 1 MILLION per year?

# Look at your budget & schedule

- **How much is spent feeding their BODY?**  
Fellowship meals, sports leagues, exercise groups, new gyms, etc.
- **How much is spent feeding their SOUL?**  
Entertaining them, teaching them facts and history, chatting, organized gossiping, scrapbooking, etc.
- **How much is spent feeding their SPIRIT?**  
Praise and worship music? Prayer time?  
How much schedule and budget is spent here?  
Do we even remember how to feed their spirit?  
Are they getting filled intentionally or accidentally?

# Most churches are like this:

**“Repent and accept  
Jesus into your heart.”**

**“GREAT! Your Spirit is fine!  
From now on we'll focus on  
your Soul and your Body.”**

**In the meantime, we are poor in spirit and  
getting pounded by the enemy.**

**But the Word of God says:**

**Be FILLED with the Holy Spirit  
- and STAY full!**

Luke 11:36; John 15:11; John 20:22, Acts 4:31;  
Acts 6:8; Acts 9:17; Acts 11:24; Acts 13:52;  
Eph. 3:19; **Eph 5:18**; Phil 1:11; I Corin. 4:8; Col. 1:9;  
2 Tim. 2:20-21; 2 John 1:12; Psalms 23:5 & more.

**It does NOT say to keep your SOUL full!**

**In fact, we are COMMANDED to NOT lean on our  
own understanding – or that of other men!**

**Luke 11:36** - Therefore if your whole body is FULL of light, and NO part of it is dark, it will be completely lighted, as when the light of a lamp shines on you.

**John 20:22** – And with that he breathed on them and said, “Receive the Holy Spirit.”

**Acts 2:4** – All of them were FILLED with the Holy Spirit and began to speak in other tongues as the Spirit enabled them.

**Acts 4:31** – After they prayed, the place where they were meeting was shaken. And they were all FILLED with the Holy Spirit and spoke the word of God boldly.

**Acts 6:8** – Now Stephen, a man FULL of God's grace and power, did great wonders and miraculous signs among the people.

**Acts 11:24** – He was a good man, FULL of the Holy Spirit and faith, and a great number of people were brought to the Lord.

**Acts 13:52** – And the disciples were FILLED with joy and with the Holy Spirit.

**Ephesians 3:19** – and to know this love that surpasses knowledge – that you may be FILLED to the measure of all the FULLNESS of God.

**Ephesians 5:18** – Do not get drunk on wine, which leads to debauchery. Instead, be FILLED with the Spirit.  
(Greek tense: be BEING filled.)

**Phil 1:9-11** – And this is my prayer; that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is the best and may be pure and blameless until the day of Christ, FILLED with the fruit of righteousness that comes through Jesus Christ – to the glory and praise of God.

**Col. 1:9** – For this reason, since the day we heard about you, we have not stopped praying for you and asking God to FILL you with the knowledge of his will through all spiritual wisdom and understanding.

**Psalms 23:5** – You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup OVERFLOWS.



**2 Timothy 2:20-21** – In a large house there are vessels not only of gold and silver, but also of wood and clay; some are for noble purpose and some for ignoble. IF a man cleanses himself from the latter, he will be an instrument for noble purposes, made HOLY, useful to the Master and prepared to do any good work.

**2 Corinthians 4:7** – We have this treasure in jars of clay to show that this all-surpassing power is from God and not from us.

**2 Corinthians 4:11** – For we who are alive are always being give over to death for Jesus' sake, so that his life may be revealed in our mortal body.

**LOTS more! Hundreds of verses!**

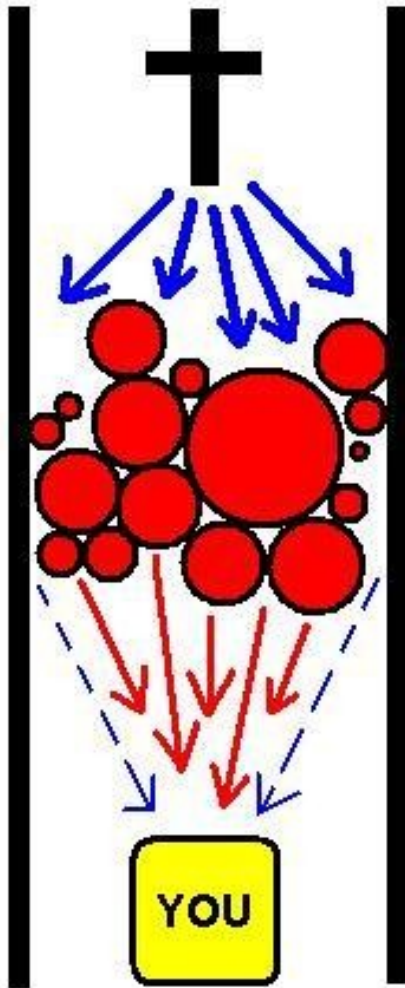
**Do a Bible search for:**

**Filled, Fill, Full, Fountains,  
Springs, Rivers, Cup, Cups,  
Vessel, Vessels, Bowl,  
Bowls, Wineskins, Bottles,  
Cisterns, Vats, Pot, Pots**

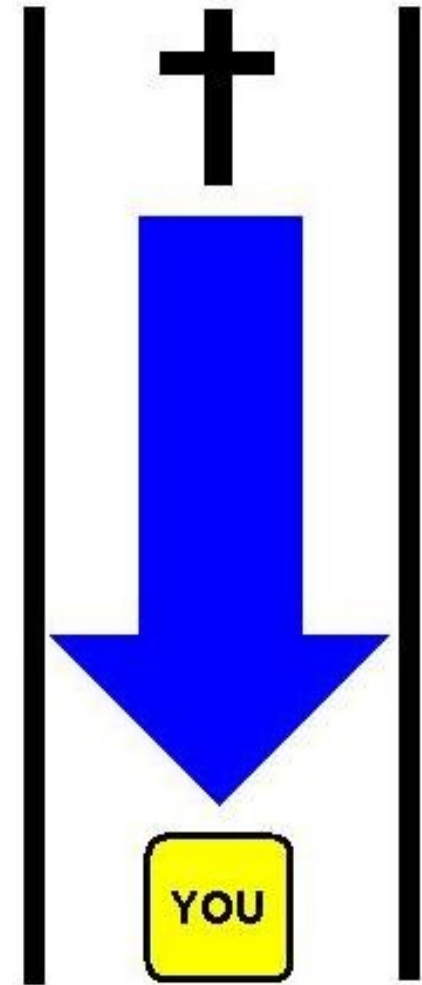
**For complete bibliography see:**

**[www.FellowshipOfTheMartyrs.com/pdf/rain.pdf](http://www.FellowshipOfTheMartyrs.com/pdf/rain.pdf)**

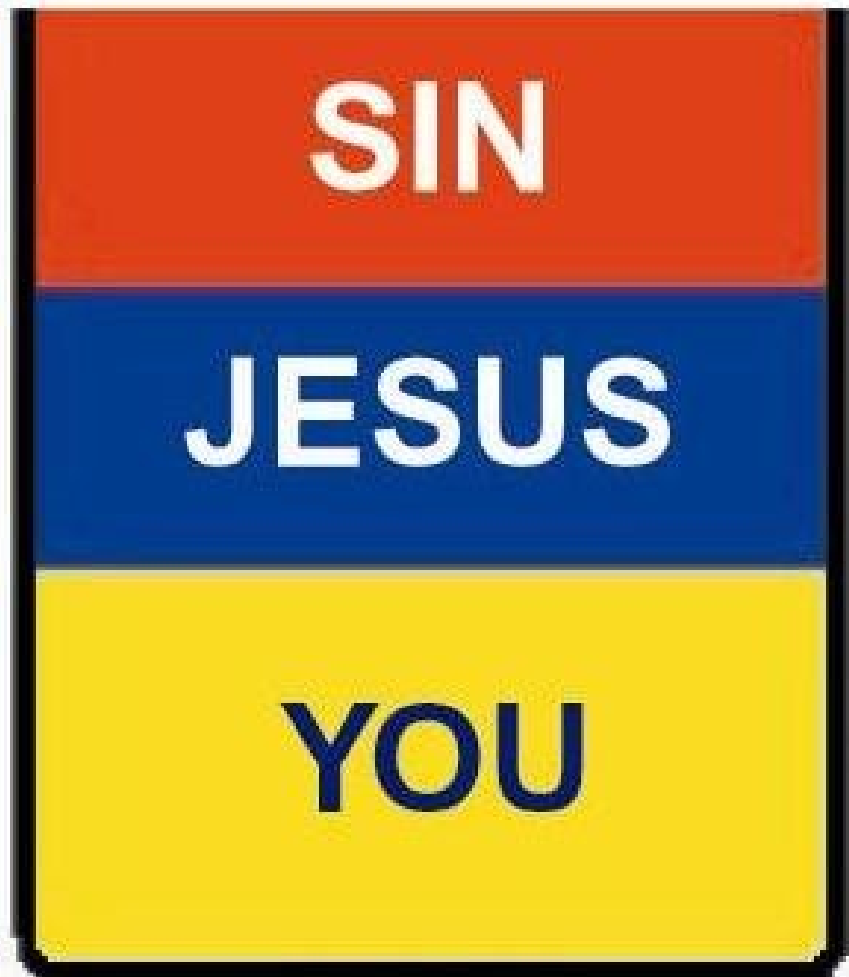
# How is your pipeline to God?



- If something is clogging you up, then YOU put it there, not JESUS.
- We have to get it cleaned out so that you can hear His voice and HE can direct your paths. (Prov. 3:5-6)



# So what's in YOUR cup?



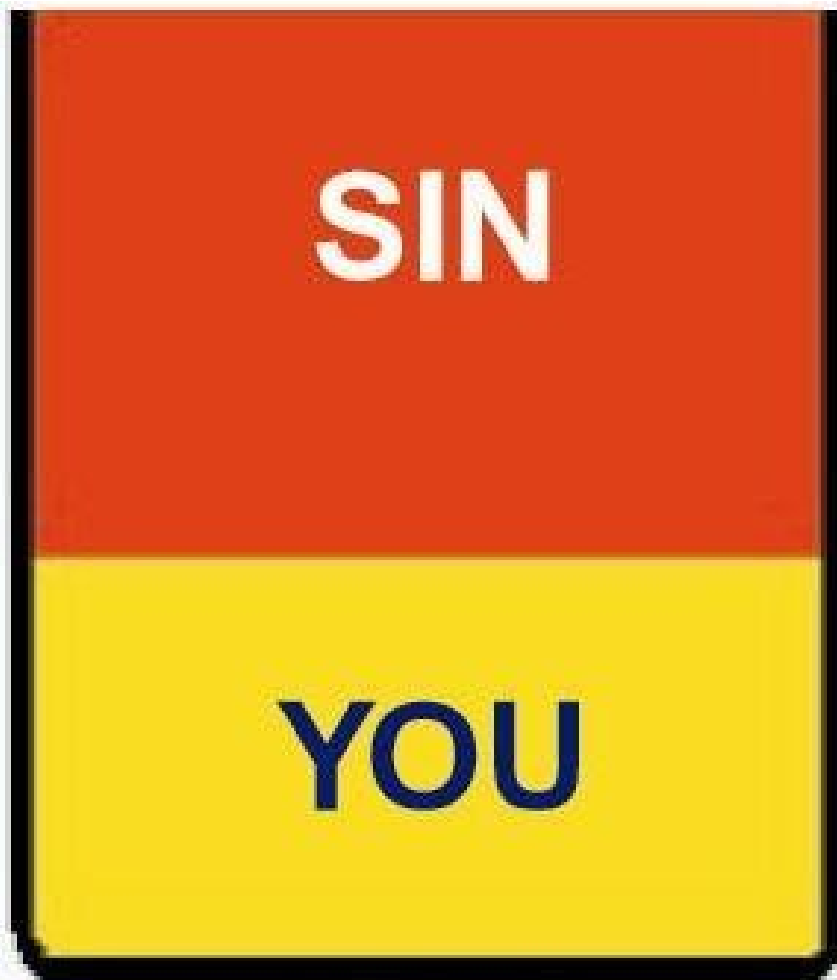
- There are only three choices of what can be in your cup:

**SIN**

**JESUS**

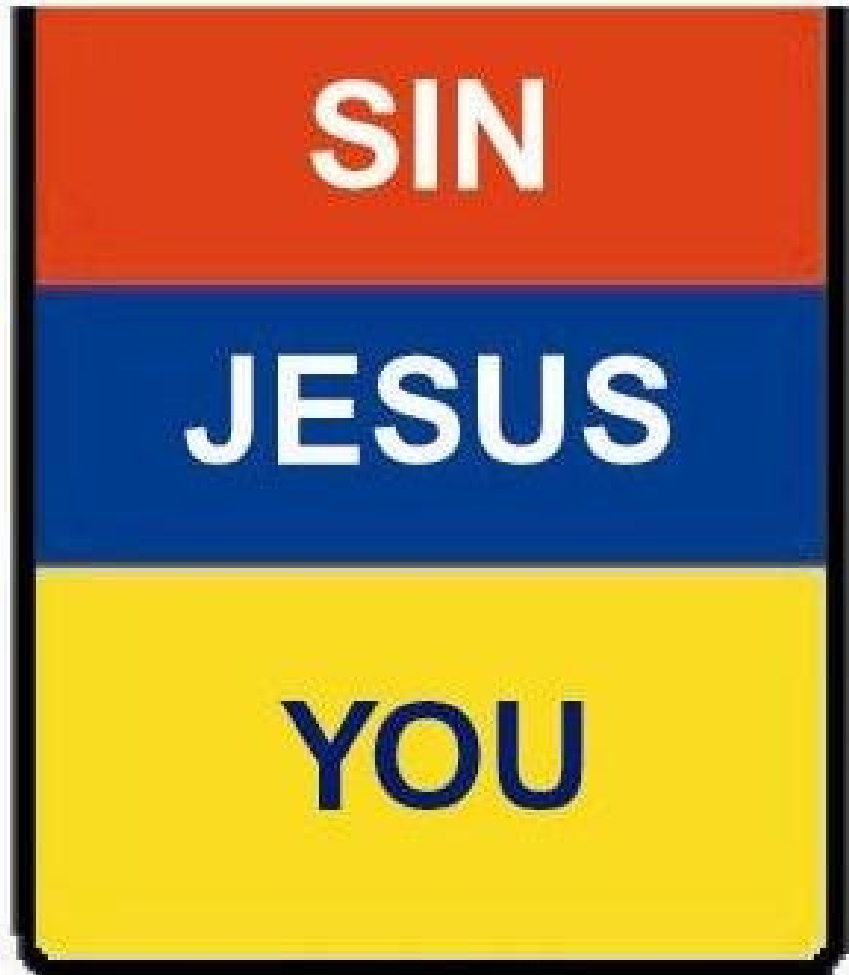
**YOU**

# Before you find Jesus there's just:



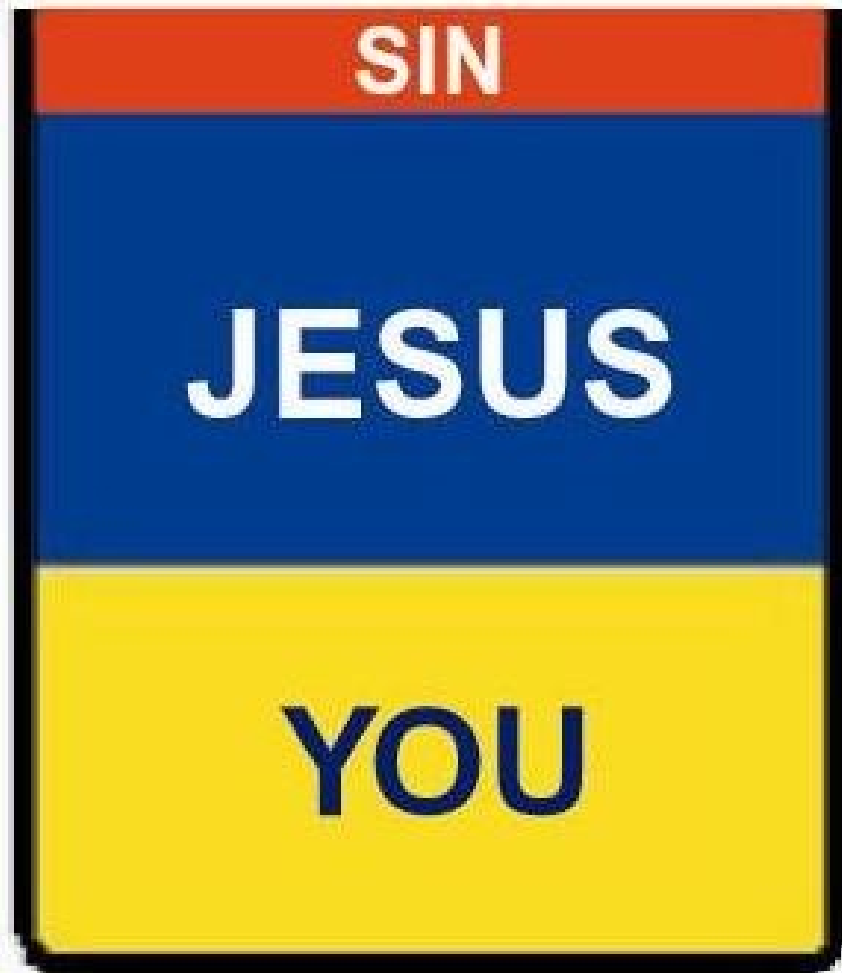
- **Our fallen nature means we are owned by the world. We are defenseless against Sin, except through the power of our own wills.**

# When Jesus comes in ...



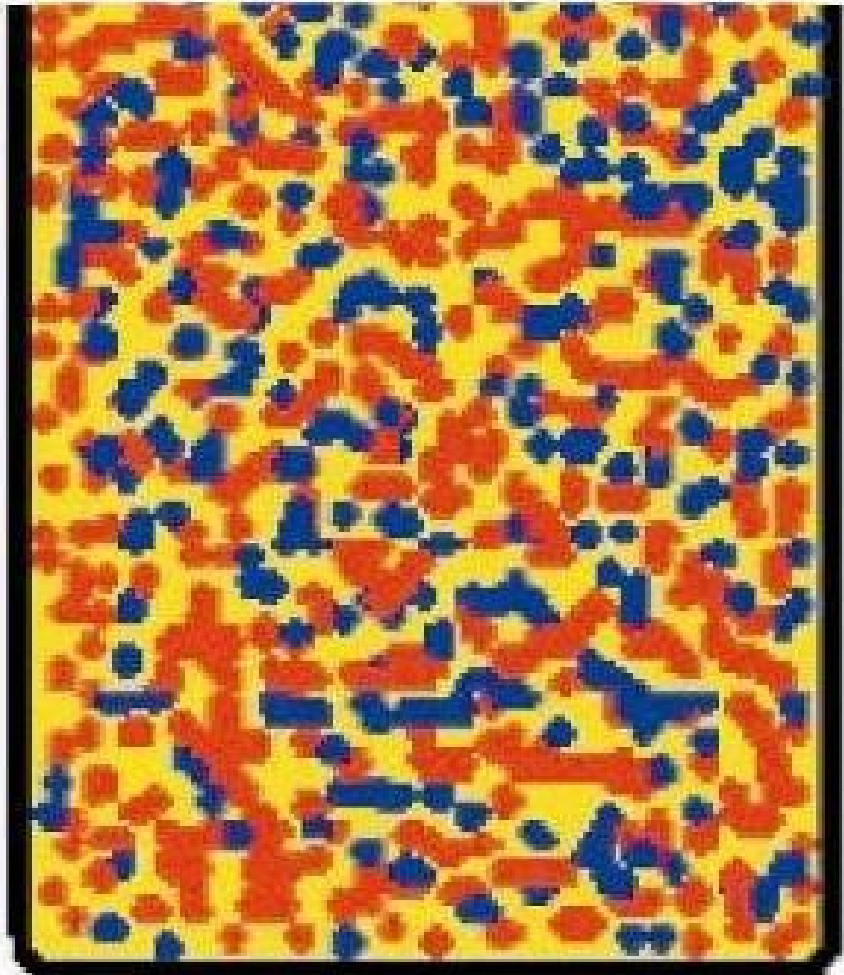
- He stands in the gap between YOU and **SIN** and helps you get it out. If you obey Him, you get less **SIN**.
- If you try to use the YOU to push the **SIN** out, you just squish out **JESUS**.

# If you obey Jesus ...



- You get less **SIN** and more **JESUS**.
- Then it gets easier and easier because when you “resist the enemy, he will flee.”
- Sometimes the red stuff is really old and entrenched and you need help to get it out.

# The enemy wants to shake you up...



- Like vinaigrette, the layers don't sort out so you can never really figure out what is in there. The worries and stresses and pace of life is used to keep you in motion.
- Prayer settles the layers out real fast.



# What is the “red stuff”?

**Fear, Anger, Bitterness, Adultery, Addiction,  
Lust, Love of Money, Dissension, Gossip,  
Fornication, Envy, Idolatry, Hatred,  
Galatians 5:19-21**

Also can be demonic oppressions from past abuses, open doorways or generational curses.

# Obey and you get FULL of Jesus



- It IS possible to get so full of **JESUS** that nothing else can fit.
- Just repent and the Blood of Jesus will scrub all the **SIN** out.
- But you need to stay full to keep it out. But it's a **DAILY** thing. Not a one time burst!

# THEN Jesus is going to kill big pieces of YOU ...



- So **JESUS** will increase and YOU will decrease. After all it's the YOU that invited the **SIN**.
- He will fight more and more of your battles.
- **JESUS** will live in you more and more as the YOU dies. (2 Corin. 4:11)

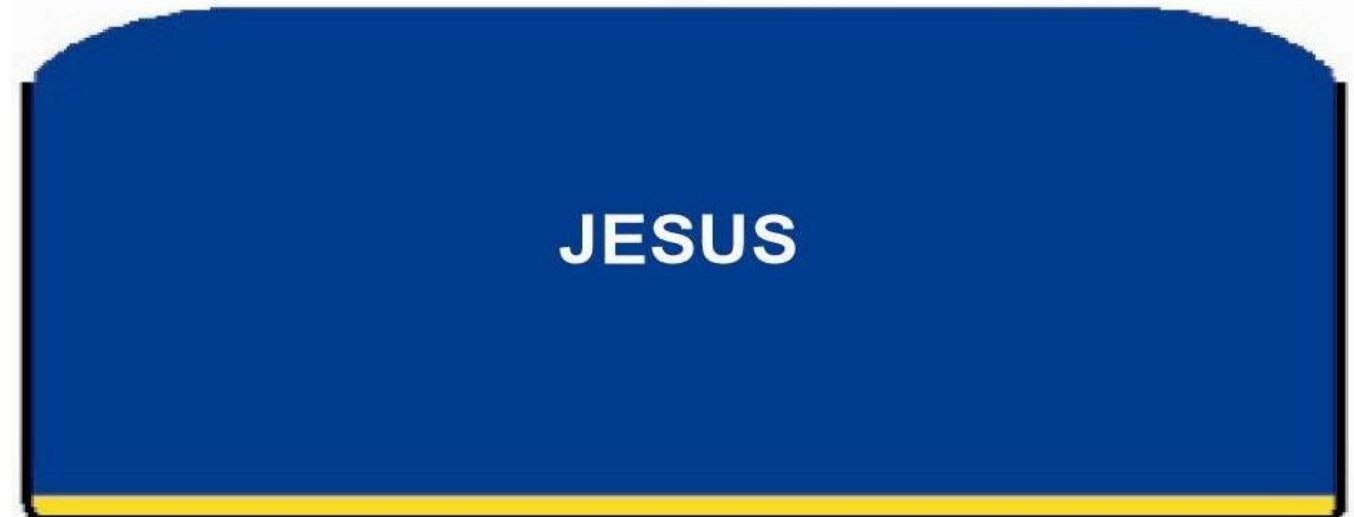
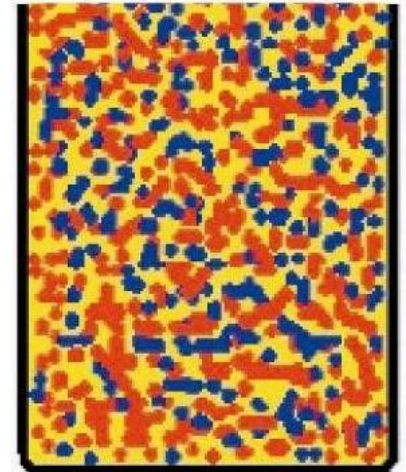
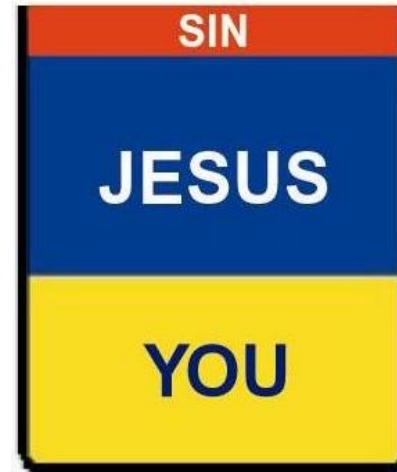
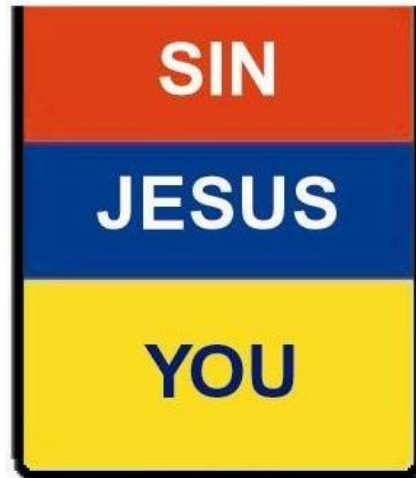
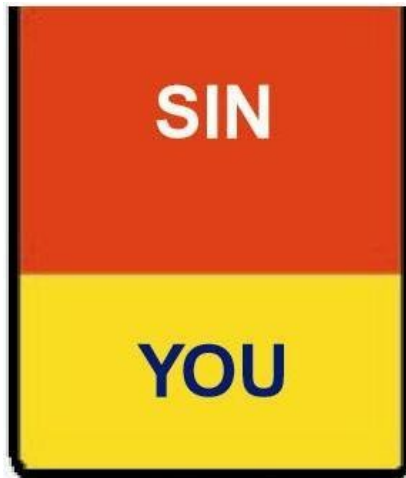
**If you manage your cup well, the Lord will give you a BIGGER cup!**

- **If you want your SHADOW healing people, you better have a REALLY BIG cup of JESUS!! And it better stay cleaned out!**



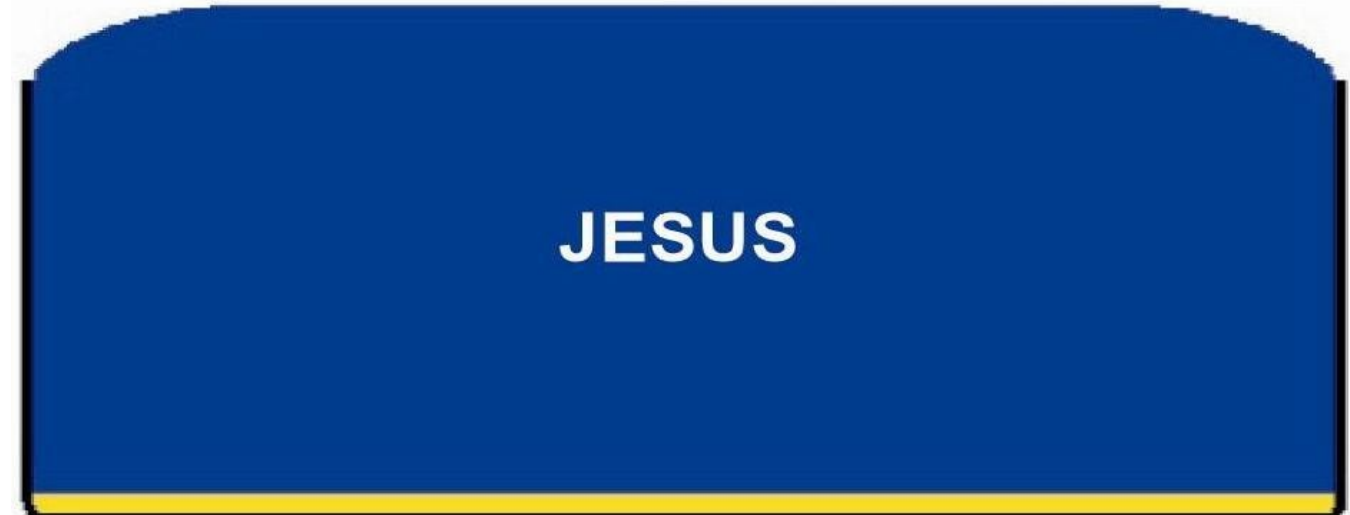
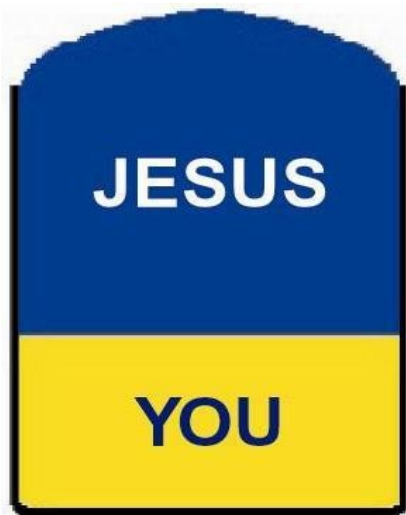
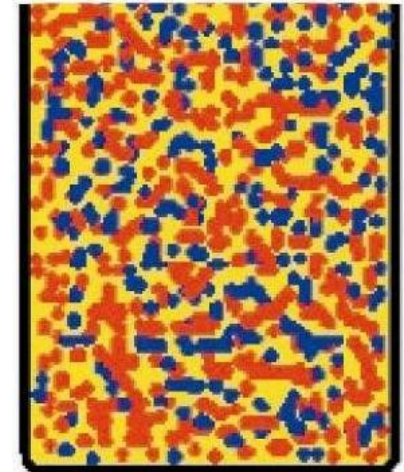
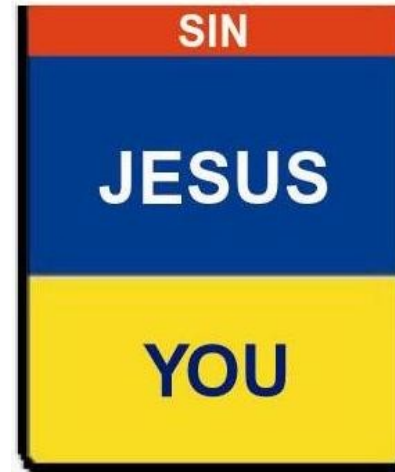
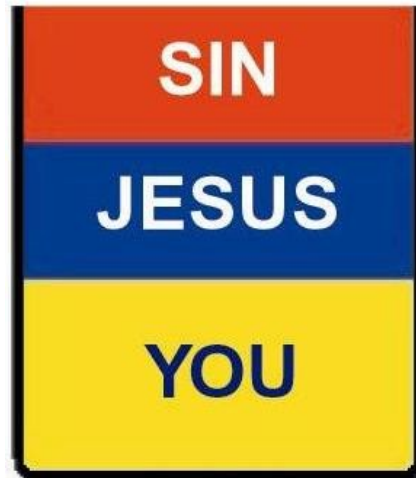
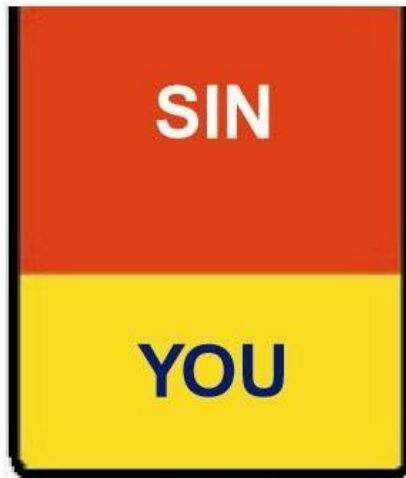
**JESUS**

If you're sick in the hospital and everyone has given up hope on you, **who would you like to have come pray for you?**

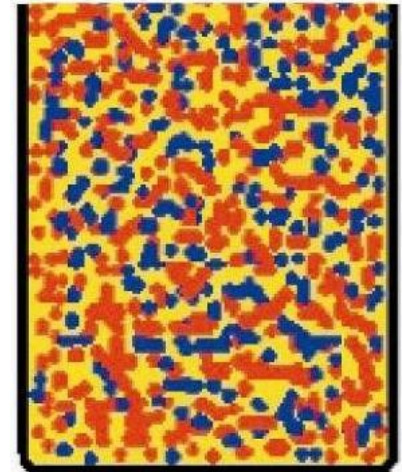
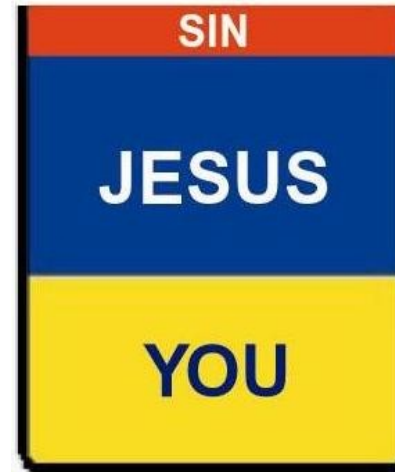
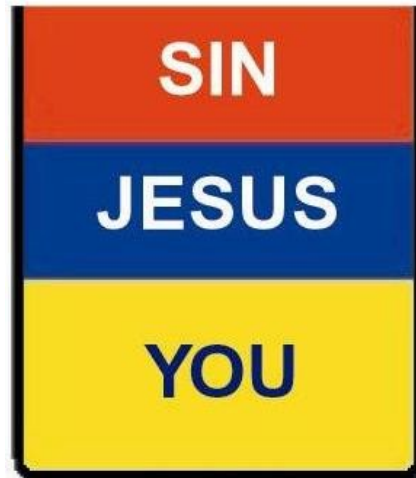
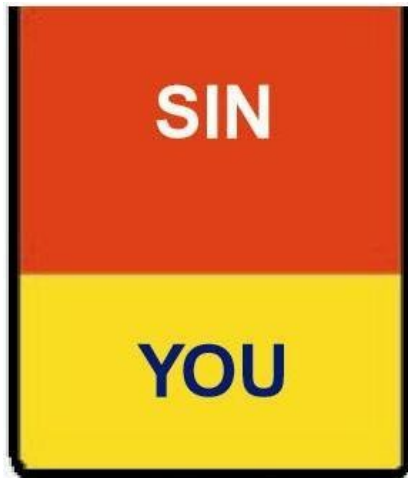


# Which do you want to be?

Which do you think **God** wants you to be?

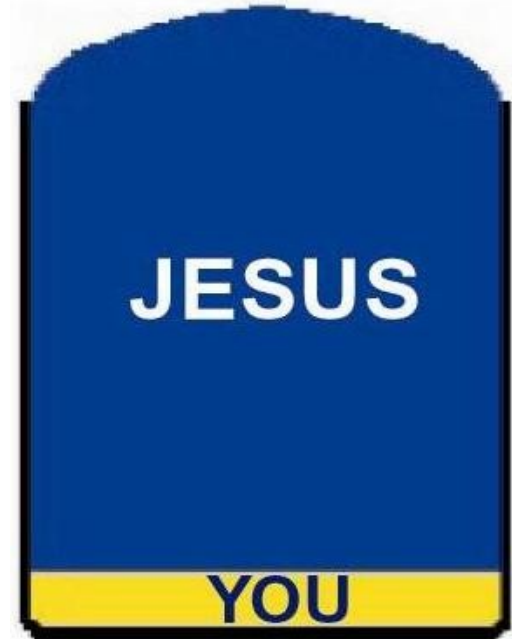


So ... which one ARE you?

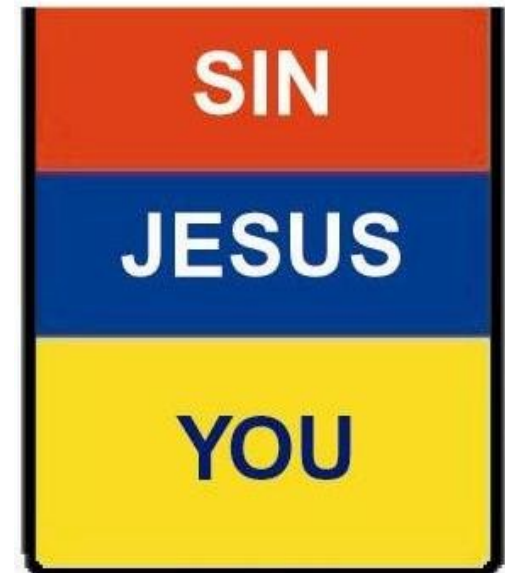




**The prayers of a  
RIGHTEOUS man  
availeth much.**

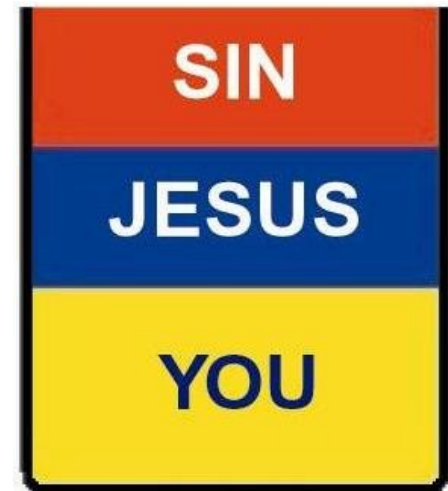


**The prayers of a  
SLIGHTLY righteous  
man availeth  
practically nothing.**





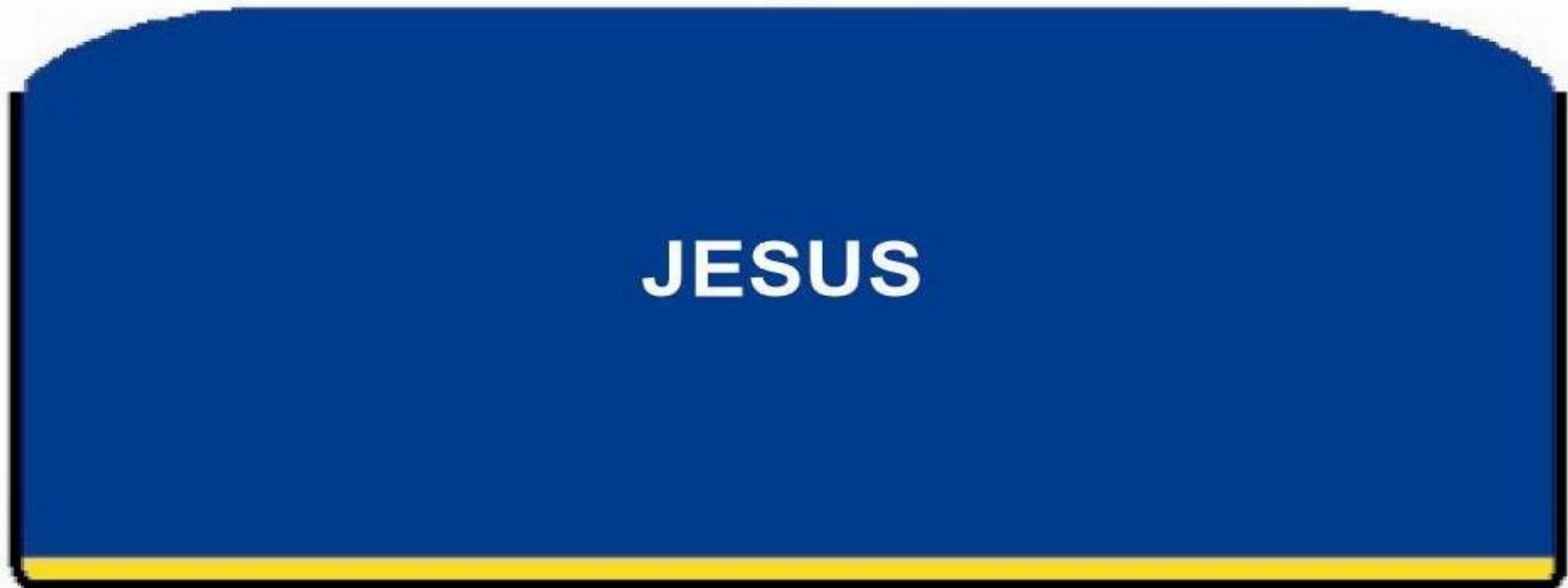
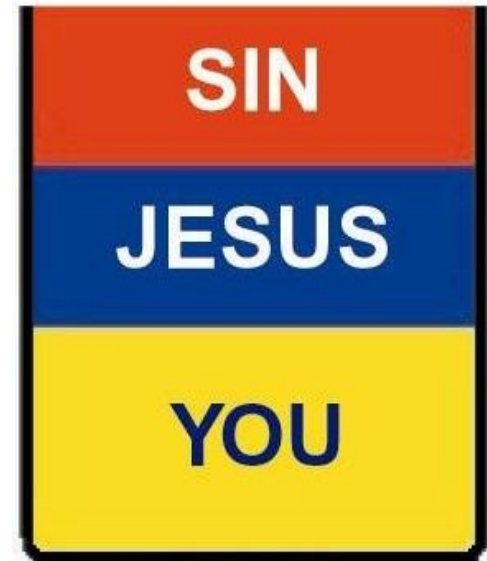
**It's hard to tell  
whose team this  
guy is even on!**



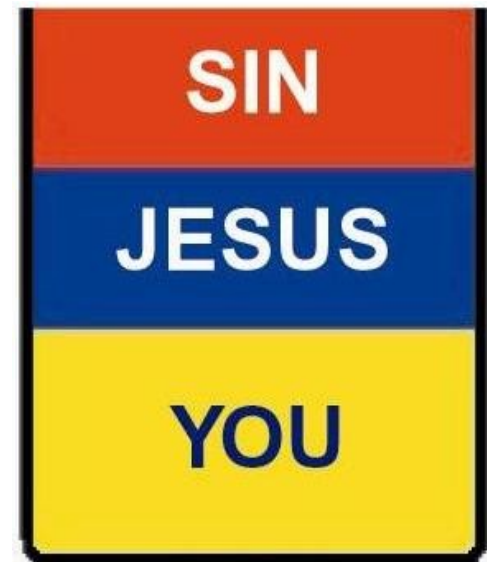
**Why is GOD going to listen to HIM  
when HE won't listen to GOD?**

**The only thing God wants to hear  
from this guy is, "I'm sorry of the  
red stuff. Please get it out."**

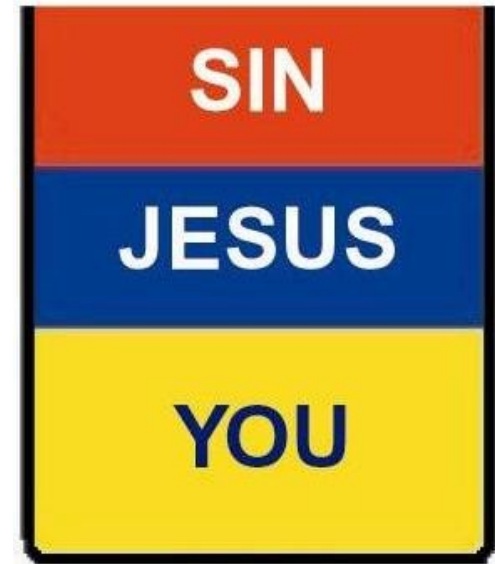
**Which one does  
the Lord want  
you to be?**



**When does He want  
you to be that?  
Yeah.  
NOW would be nice.**



**Do you really think  
JESUS likes being  
in there with that  
nasty stuff?**



**Could we help you get it out?  
Repent and we'll pray with you.**

**Do you know how to get really full?  
Do you know how to fill each other?**



# 1 Peter 4:10



- “Each one of you, as you have received a gift (*Greek: charisma*), minister it one into the other as good dispensers of the manifold grace of God.” (Wycliffe)

# When is God going to pour His Spirit out on all flesh? (Joel 2)

- The Father gave you His Spirit so that from inside of you would flow rivers of Living Water.
- The Spirit gets poured out on all flesh as soon as WE start pouring His Spirit out on all flesh!
- As soon as we get the **RED CORKS** out of our cups and stop being lukewarm and sitting on our lees, we can get this show on the road!
- Want a bigger cup? When the Lord shows you someone in need, give them all you have!

